Thank you for your registering to join HENRY Group Facilitation Training. This document provides the information you need about the course in advance and the preparation required.

**Where is the training taking place?**

If the venue details are TBC, we will email you with the final details in your area once the information has been shared with us

**What do I need to bring with me?**

* A pen
* A packed lunch
* A mobile phone (to complete the training review)
* An extra layer you can wear indoors in colder weather – we may need to open a window to reduce the risk of transmission of Covid-19

**What do I need to do in advance?**

* Watch the video on HENRY website [www.henry.org.uk/henryapproach](http://www.henry.org.uk/henryapproach)
* Take another look at the *A Healthy Start* practitioner handbook from your Core Training
* Be putting the HENRY approach into practice in your work
* Leave the evening of Day 1 reasonably free to help you prepare for a short practice session on Day 2

**Who is the training for?**

This training is for practitioners who have completed the HENRYCore Training and who will go on to deliver HENRY’s evidence-based 8-week *Healthy Families: Right from the Start* group programme *(*and/or HENRY *Healthy Families* workshops) for parents and carers of children aged 0 to 5.

**By the end of the training you will:**

* Have increased skills, knowledge and confidence to lead the programme and workshops for parents and carers of babies and young children
* Understand the content of the 8-week HENRY group programme for parents
* Feel confident to use the detailed session plans and resources that accompany the programme
* Have developed and enhanced group facilitation skills to deliver the interactive programme in a way that mirrors the HENRY approach and ethos of partnership and building on parents’ strengths
* Understand and feel confident to manage issues that can arise in groups, using listening, empathy and solution-focused support

**Further Information**

* For more information about HENRY please check out our website [www.henry.org.uk](http://www.henry.org.uk)
* Follow our social media platforms
  + Twitter @HENRYhealthy
  + Facebook @HENRY.helathyfamilies

**We look forward to meeting you and hope you enjoy the training!**

**Follow up Email**

Dear [FirstName],

We hope you enjoyed HENRY [EventName] on [EventStartDateTime] . During the final session of the training, you will be asked to complete a participant review the link for this can be found here

<http://links.henry.org.uk/Group-Facilitation-Feedback>

We hope you have enjoyed the training, for more information about HENRY

* Please check out our website [www.henry.org.uk](http://www.henry.org.uk)
* Follow our social media platforms
  + Twitter @HENRYhealthy
  + Facebook @HENRY.helathyfamilies