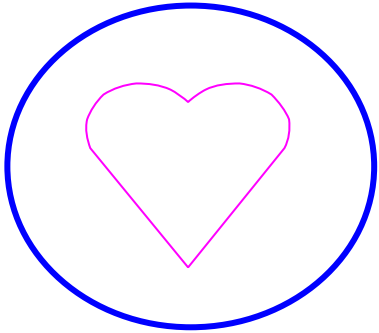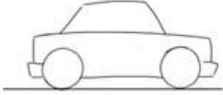# Fussy Eating Workshop

FLIPCHART TEMPLATES

1. Welcome	2. Overview
	Welcome and introductions • Coping • How big is a portion? • Enjoyable family mealtimes • A taste adventure • Next steps • Review and ending
3. Group guidelines	**4. Car park**
	Car Park
5. Enjoyable mealtimes (2 copies)	
Ideas for enjoyable family mealtimes	