



Job Description

Job Title:	Healthy Families Senior Practitioner – Best Start service, City of London and Hackney
Base:	City of London and Hackney Children's Centres
Reports to:	Service Manager - Best Start service, City of London and Hackney
Salary:	£25,298 - £28,489 pro rata
Band:	D
Working Hours:	37.5 hrs per week (3 year contract)
Job Purpose:	To reduce health and social inequalities and improve health outcomes for young children through the delivery of high quality HENRY services. This is a new service following award of a three year contract which will provide universal and targeted support to reduce levels of obesity amongst 0-5 year olds.

Key Responsibilities:

1. Coordination, planning and delivery of HENRY programmes and workshops to parents of under 5s, working in partnership with families to help them adopt healthier lifestyles.
 2. Provision of training and support to health professionals, early years practitioners and others working with parents and children under 5 years.
 3. Support and development of HENRY practitioners and volunteers encouraging continuous improvement to achieve best practice and maximise service impact.
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- 1. Coordination, planning and delivery of HENRY programmes and workshops to parents of under 5s working in partnership with families to help them adopt healthier lifestyles**
 - Work with children's centres and community organisations to schedule and plan *Healthy Families* programmes, workshops, community engagement and recruitment events.
 - Build and maintain supportive and collaborative relationships with local organisations and agencies, children's centres, health visiting teams, early years settings, Hackney Learning Trust, Public Health and other key stakeholders to identify and recruit families.
 - Work creatively to overcome language and other barriers in order to reach and engage vulnerable or isolated parents of children who are overweight or obese.
 - Deliver family support sessions in accordance with HENRY quality standards, working in partnership with parents using a strengths-based and solution-focused approach.
 - Analyse qualitative and quantitative data to shape services in response to identified gaps and the needs of local families.
 - Promote Healthy Start vitamins and vouchers to all eligible families to increase take-up, ensuring accurate records are maintained.

2 Provision of training and support to health professionals, early years practitioners and others working with parents and children under 5 years

- Schedule, promote and deliver HENRY training to local health and early years practitioners and others working with families with children under 5, building knowledge, skills and confidence to raise sensitive weight and lifestyle issues in their work and effectively support behaviour change.
- Liaise closely with practitioners and their teams to ensure maximum take-up of training places.
- Work closely with the Service Manager and with Hackney Learning Trust to support early years settings in achieving Eat Better Start Better accreditation and provide training for practitioners and cooks in early years settings to improve practice and meet Early Years Foundation Stage requirements.
- Debrief and share feedback with co-trainer at the end of each training as part of a continuous system of trainer development and quality improvement.
- Ensure paperwork for all programmes, workshops and trainings is completed and submitted in a timely and methodical manner.
- Provide developmental support to HENRY practitioners and volunteers, encouraging continuous improvement to achieve best practice and maximise service impact.

3. Support and development of HENRY practitioners and volunteers encouraging continuous improvement to achieve best practice and maximise service impact

- Mentor and support Best Start practitioners through planned support and feedback and in accordance with relevant HENRY policies and procedures.
- Provide guidance to volunteers delivering the HENRY 1-to-1 programme to vulnerable families who find services hard to access.
- Work alongside, and provide support and guidance to, local children's centre practitioners delivering HENRY programmes and workshops.
- Ensure all trainings, programmes and workshops are delivered in accordance with HENRY facilitator manuals and model the HENRY approach and skills.
- Maintain systems to monitor quality and outcomes of family programmes and workshops.
- Collect and collate data from participating parents to inform continuous improvement and to shape regular outcomes reports for service commissioner.
- Support team members in identifying safeguarding concerns and ensure concerns are brought to the attention of the local HENRY designated safeguarding lead (Service Manager) and/or discussed with HENRY's safeguarding lead (Head of Service Delivery).
- Support own development as a trainer and parent facilitator through on-going reading, research and supervision.

5. General duties for all staff

- Build respectful relationships, understanding the impact of your behaviour on others and being willing to adapt it when necessary.
- Work effectively as a member of the team by consulting and sharing information with colleagues, managing your time to meet deadlines and preparing for meetings.
- Maintain clear and accurate records.
- Communicate effectively with partners.
- Comply with all organisational policies and procedures.
- Support own development through on-going reading, research and supervision.
- Other duties and responsibilities as negotiated with the post holder.

