Healthy Start

NHS

Free fruit, veg, milk, pulses and vitamins

From April 2021, if you're pregnant or have a child under 4, you could get **£4.25** per week to help buy healthy foods.

www.healthystart.nhs.uk

Check if you are eligible online or ring 0345 607 6823

Supported by Hackney

henry
Healthy Start, Brighter Future

City of London

NHS
City and Hackney
Clinical Commissioning Group