



Healthy Start Food Vouchers

Healthy Start vouchers to spend on fresh milk, fruit, vegetables, pulses and infant formula milk.

Around 1,600 eligible families in Hackney and City are missing out



You are eligible if

You're at least 10 week pregnant or have a child under 4 old and you or your family get any of these:

- Income Support
- Income-based Jobseeker's Allowance
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take home pay of £408 or less per month)
- Pension Credit
- Income-related Employment and Support Allowance

If pregnant and under 18 you will qualify even if you don't get any of the above benefits

For more information or to download an application form visit www.healthystart.nhs.uk or

Call Healthy Start helpline on **0345 607 6823** for form to be sent to you by post.

As of 6th April 2020 a **health professionals signature** is no longer required.

Just complete and sign Part A of the form and post to below address.

No stamps required

**Freepost RRTR-SYAE-JKCR
Healthy Start Issuing Unit
PO Box 1067, Warringtonm WA55 1EG**

FREE Healthy Start Vitamins (including Vitamin D) for all pregnant women, new mums and children up to 4 years of age in City & Hackney is available from over 50 distributing Children Centres and community Pharmacies. Find a full list of distributing centers on www.henry.org.uk/hackney/vitamins.

For more information contact HENRY on 07519109876 hcsupport@henry.org.uk