Healthy Start Food Vouchers

Apply for Healthy Start vouchers for Free milk, fresh or frozen vegetables and fruit (worth up to £900*/child)

Around 1,204 eligible families in Hackney and City are missing out on vouchers

Pregnant women and children over one and under 4 years old can get one £3.10 voucher per week. Children under 1 year old can get two £3.10 (£6.20) vouchers each week

You qualify for Healthy Start vouchers if…

You are at least 10 weeks pregnant or have a child under four years old and you or your family receive:

- Income Support
- Income-based Jobseeker's Allowance
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take home pay of £408 or less per month)
- Income-related Employment and Support Allowance

You qualify if you are under 18 and pregnant even if you *don't receive any benefits

For more information or to download an application form visit **www.healthystart.nhs.uk** Application can be completed online for printing. Call Healthy Start helpline on **0345 607 6823** for form to be sent to you by post.

As of 6th April 2020 **a health professional's signature** on the application is no longer required. Just complete and sign Part A of the application form and post to below address**. * No stamps required**

Freepost RRTR-SYAE-JKCR
Healthy Start Issuing Unit
PO Box 1067
Warrington
WA55 1EG

FREE Healthy Start Vitamins for all pregnant women, mothers with a baby under 1 and children up to their 4th birthday in City & Hackney. Collect from a distributing Children Centre or Pharmacy. Find out more at www.henry.org.uk/hackney/vitamins. Healthy Start voucher application forms are also available from most of the vitamin distributing centres. You can also call HENRY on 07519 109 876 or email hcsupport@henry.org.uk for more information.